Questions to ask a clinic

Print a copy and write your answers below.

Who will provide my care?

- ☐ Who will evaluate me and perform the proposed procedure?
- ☐ What licenses and relevant training do they hold? How can I confirm current licensure with the licensing authority?
- ☐ Who answers questions before and after the visit?

What exactly is being proposed?

- ☐ What is the name, purpose, and location of the proposed procedure?
- ☐ What materials or products would be used? Where do they come from, and how are they prepared?
- ☐ What regulatory status applies to this specific product and use? If this is research, what oversight and consent apply?

What does the evidence say?

- ☐ What published evidence supports this procedure for my situation? Can I review it?
- ☐ What is uncertain, and what risks or side effects should we discuss?
- ☐ What outcomes can reasonably be expected, and how will we measure them?

Notes and unanswered questions

Questions to ask a clinic (continued)

Print a copy and write your answers below.

What choices do I have?

- ☐ What alternatives should I consider, including established approaches?
- ☐ What happens if I wait or decide against this procedure?
- ☐ Would another opinion help me understand the options?

What will it cost?

- ☐ Can I have a written estimate covering the evaluation, procedure, and follow-up?
- ☐ What may be billed separately? What are the deposit, financing, cancellation, and refund terms?
- ☐ What should I confirm with my insurer before agreeing to care?

What happens afterward?

- ☐ What follow-up is included, who provides it, and when?
- ☐ What recovery instructions and restrictions will I receive in writing?
- ☐ Who do I contact about unexpected symptoms, and what is the plan if additional care is needed?

Notes and unanswered questions