

Prepare to compare options

Print and write on your own copy. Use these prompts to prepare a conversation; discuss care with a qualified clinician.

My goals and priorities

Diagnosis or purpose to discuss

Exact procedure or product proposed

Who would evaluate me and perform the procedure

Evidence that applies to my circumstances

Benefits, risks, and uncertainties to discuss

Prepare to compare options (continued)

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Alternatives, including waiting

Number of visits, recovery, and practical needs

Total costs and coverage questions

Clinician responsible for follow-up

Contact and plan for complications

Records and unanswered questions for another opinion
